San Francisco Guides from ACP Members





from Dr. Ann Wei, ACP Member

Welcome to San Francisco – our gleaming city by the Bay! Here you will discover a true cultural melting pot; a place of world class cuisines, myriad languages, the heart of high-tech innovation and the homeland of free spirit. Once here, you will be greeted with a vast choice of fun activities including world-class museums, cultural events, intriguing night-life, and any type of sports or recreation that one could imagine. Don't forget to jump on a cable car for an exciting city ride, walk down Lombard, the most crooked street in the world, take a stroll in historical China town, sip a cappuccino in vibrant little Italy, explore Haight Ashbury – the birthplace of the 60's and hippie culture, sample some clam chowder at Pier 39, and of course, stroll across the Golden Gate Bridge or perhaps a visit to Alcatraz. The options are endless! We look forward to having you and welcome you to immerse yourself in the be



We look forward to having you and welcome you to immerse yourself in the beauty and diversity of this amazing city!

I am always happy to be the local contact in case any attendee needs help, assistance, or some recommendations. Please contact me at <u>annweidds@outlook.com</u>.

#### Restaurants

- Plaj (Scandanavian)
- Hakkasan (Chinese)
- Dosa (Indian)
- Nopalito (Mexican)
- Nolibri (Mexican)
- Keiko a Nob Hill (Michelin 1 star, very small, reservation is a must; Japanese cuisine with a French twist)
- Slanted door (Vietnamese)
- L'ardoise (French, my favorite French restaurant price vs. quality)
- Atelier Crenn (French Michelin 2 star, small portion, very artistic presentation.)
- Petit Crenn (the casual version of the previous restaurant)
- State bird provision (American, very hip, reservations are difficult, go late at night)
- Burma Superstar (Burmese food, something unique and special)

- Sutro cliff house (Californian cuisine, great food, great ambiance, and great view!)
- Wayfair Tavern (California cuisine)
- A16 (fusion food)
- LA Ciccia (Italian. For me, the best Italian in SF, but very small place. Reservation is a must. They won't take group larger than 4.)
- Sons and Daughters (American cuisine)
- Piperade (French, Basque food)
- Mathilde (French, in SOMA, romantic ambiance, beautiful terrace area)
- Aziza (Moroccan food)
- French laundry (Famous 3 Michelin star restaurant in Napa. Reservation is a must.)



from Dr. Ann Wei, ACP Member

#### Bakeries

- Tartine Bakery
- B. patisserie
- Arsicault
- Schubert's
- Acme Bread
- La boulangerie de San Francisco
- Noe Valley Bakery

#### Entertainment

- Beach Blanket Babylon
- California Academy of Science
- SF Jazz Center
- Golden Gate Park/ Japanese Garden
- Cable car ride (night time riding is especially fun, and no line!)
- Pier 39, Golden Gate Bridge
- Alcatraz
  - Take the audio tour and reserve IN ADVANCE. They tend to sell out fast. Alcatraz does night time tours, which can be really spooky and fun (especially with the audio). Reservation in advance is always a good idea.



from Dr. Arun B. Sharma, ACP Member

Welcome to our beautiful city by the bay for the 47th Annual Session of the ACP. I have had the privilege of working and living in San Francisco for the last 30 years. You do not need a car to get around the city – take either a taxi or BART from San Francisco or Oakland Airport to your hotel. Uber and Lyft are easily available all over the city. When in San Francisco, remember to always bring warm clothes – the weather is unpredictable. So be prepared and dress in layers.



San Francisco offers a wealth of culinary ethnic diversity. Below is a list with some of my favorite restaurants in the city. Most of them are a short walk or cab ride away - the city is only 7 square miles. The popular

restaurants are always very busy, so please make reservations in advance so you will not be disappointed.

San Francisco offers many world class museums – the Modern Art museum (SFMOMA) is within walking distance of the hotel and re-opened recently after a multi-million dollar upgrade. Founded in 1895 in San Francisco's Golden Gate Park, the de Young Museum re-opened in 2005, in a state-of-the-art facility that integrates art, architecture, and the natural landscape in one multi-faceted destination that will inspire audiences from around the world. Also in the Golden Gate Park is the Academy of Sciences, an aquarium, a planetarium, and a natural history museum under one living roof. Other world class museums are the Asian Art museum and the Legion of Honor.

Saturday morning calls for a visit to the famous Farmers Market at the Ferry Building besides locally grown organic food there are many shops in the Ferry building. You can then take a ferry ride to Sausalito across the bay and enjoy lunch with a spectacular view of the city.

Come early or stay after the meeting and visit some of the award winning wineries of the world located in Napa, Sonoma, or my personal favorite around the town of Healdsburg (Dry Creek, Russian River, and Alexander Valley).

Explore the city, ride the cable car to Fisherman's Wharf, enjoy a bowl of clam chowder in a sourdough bread bowl, walk around the largest and oldest Chinatown in America, visit the Haight-Ashbury (we are celebrating the 50th Anniversary of the Summer of Love). If you want to stay close the hotel, you can shop till you drop at Union Square or the Westfield center, all within walking distance from the hotel.

San Francisco is an amazing city and I am sure you will have a fantastic time. I look forward to welcoming all of you!



from Dr. Arun B. Sharma, ACP Member

#### Restaurants

Walkable

- Amber India (415) 777-0500 walkable - \$\$\$
- Benu (415) 685-4860 Michelin Rated - walkable - \$\$\$\$\$\$
- Boulevard (415) 543-6084 Nancy Oakes - French American walkable - \$\$\$\$\$
- Campton Place 415 955-5555 classy - California/Indian - walkable
   \$\$\$\$\$\$
- Farallon (415) 956-6969 Seafood "aquarium like" walkable \$\$\$\$\$
- Slanted Door (415) 861-8032 modern Vietnamese in the Ferry Bldg - walkable - \$\$\$\$
- Tadich Grill (415) 391-1849 SF's oldest - for seafood lovers - rude waiters - walkable - \$\$\$
- Yank Sing (415) 957-9300 great dim sum - walkable - \$\$\$

#### A cab ride away

- Acquerello (415) 567-5432 Italian
   cab \$\$\$\$\$
- Crustacean (415) 776-2722 -Vietnamese - Crab/Garlic Noodles cab - \$\$\$\$
- Gary Danko (415) 749-2060 SF's most elegant - truly gourmet - cab - \$\$\$\$\$\$
- Greens (415) 771-6222 Vegetarian
   great view of GG bridge cab \$\$\$\$
- Jardinere (415) 861-5555 -French/California - cab - \$\$\$\$\$

- Kokkari (415) 981-0983 upscale
  Greek cab \$\$\$\$
- La Folie (415) 776-5577 New French - foodie favorite - cab -\$\$\$\$\$\$
- Quince (415) 775-8500 Italian/French "best pasta" cab \$\$\$\$\$
- Ton Kiang (415) 387-8273 some of the best dim sum - long lines on Sunday am - cab - \$\$\$
- Zuni Café (415) 552-2522 SF favorite for 25 yrs - burgers/chicken - cab - \$\$\$\$

### Entertainment

- SF MOMA
- Alcatraz need to reserve in advance
- Bay Cruise
- Asian Art Museum
- Fisherman's Eharf
- Ferry ride to Tiburon
- Chinatown walk
- Wine tasting trip to Napa, Sonoma, or Healdsburg



from Dr. Sara M. Hahn, ACP Member

San Francisco is an amazing city to visit. There are so many places to eat and explore. Here are my favorite spots. I hope you enjoy your trip!

#### Bakeries

- Tartine Bakery
- B. patisserie
  - Must get the Kouign Amann!
    A little far in Pac Heights but so worth it.
- Bi-rite Creamery
  - Ice cream in Mission neighborhood

## Restaurants / Eating Spots

- Pizzeria Delfina and Delfina restaurant (Mission neighborhood)
- Limon Rotisserie (Mission neighborhood)
- The Slanted Door (Embarcadero)
- NOPA
- Nopalito
- Starbelly
- Lolinda
- Café de la Presse
- Hong Kong Lounge II for dim sum (Chinatown)
- City View for dim sum (Chinatown)
- The Rotunda (inside of Neiman Marcus)

# If you're a fancy prosthodontist and want to eat at a nice restaurant...

## My favorites:

- Aster (1 Michelin star)
- Juni (1 Michelin star)
- Cotogna
- Gary Danko (1 Michelin star)
- Benu
- Michael Mina (1 Michelin star)

- Kokkari Estiatorio
- Quince (2 Michelin stars)
- Atelier Crenn (2 Michelin stars)

## **Other Activities**

 Go to the farmers market at the Ferry building (1 mile from the meeting) on the weekend and get oysters at Hog Island

## Hiking

- Land's End/Sutro baths (https://www.nps.gov/goga/learn/hi storyculture/sutro-baths.htm)
- 16th Avenue Steps (<u>https://www.yelp.com/biz/the-16th-avenue-tiled-steps-san-francisco</u>)

## Sight-seeing

- Alamo Square for *The Full House* house
- Dolores Park on the weekend
- Chinatown
- Ghirardelli square (get an ice cream sundae)





# **San Francisco Guide** from Dr. Fiorella Potesta-Knoll, ACP Member

San Francisco is a beautiful city with many good places to eat. It has been said that there are so many restaurants here that a person can eat everyday of their life at a different restaurant.

Chinese food is big here and we have a large Asian community. Chinatown San Francisco is a little piece of China in the US, with good food and good people. The factory of fortune cookies is in San Francisco and you can visit and make a personalized fortune cookie.

Muir Woods National Park is very close, just a few miles past the Golden Gate bridge. Biking the Golden Gate is a nice tradition, although it will take you about three hours to ride depending on your skills! Eating some fresh crab at Fisherman's Wharf is a must. Pair it with some sourdough bread from Boudin Bakery.

