

## Canva templates for Instagram carousel posts (1080x1350 portrait):

What do you like most about prosthodontics?

What is one thing you would never do as a prosthodontist?

What has been your greatest challenge as a prosthodontist?

What are your prosthodontic top 5?

What is your journey with prosthodontics?

## Instructions:

Canva is a design app that requires a subscription but offers a 30-day free trial for the website app. There are also mobile and desktop apps available with a 15-day free trial.

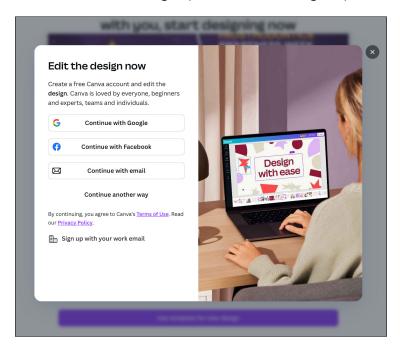
Clicking on the links above will open the web or mobile app, but here are the other download links for reference:

iOS Android Mac desktop Windows Chromebook

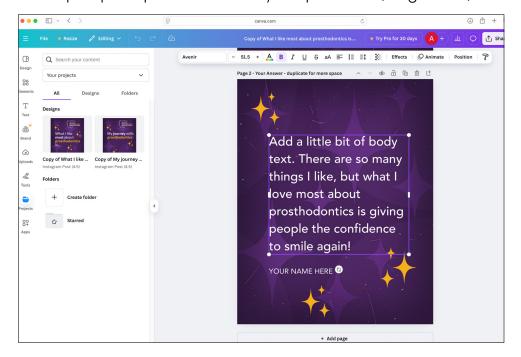
1. To open a template, click on a link above and the "Use template for new design" button.



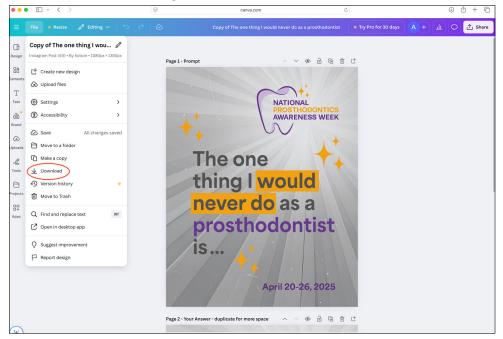
2. To edit the design, you'll need to sign up for an account if you don't have one.



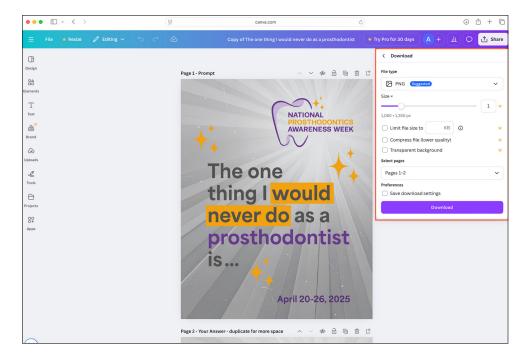
3. Once your account is established or you're logged in, the template will open, and you can edit the placeholder response text on the 2nd page. The apps have helpful prompts and are fairly simple to use, in general, the menu is at the far left.



4. Once you're satisfied with the design, on the web version, you can download it to post on Instagram. Under the File menu, select Download.

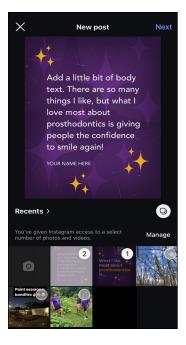


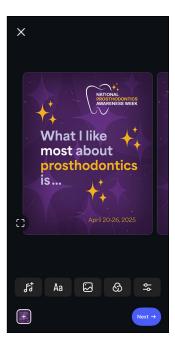
5. On the right side of the screen, you'll see settings to download the graphics. The default values are just fine, and PNG is the preferred format. JPG will also work. Send the images to the device where you'll be posting on Instagram.



6. On the mobile apps, you'll need to allow Canva to access your photos. Then save the two images to your camera roll. Open the Instagram app and create a new Post. Select the graphics in the order you'd like them to appear. You can add additional photos, even music if you'd like.







7. Don't forget to tag #NPAW2025!