

## If you're missing a tooth, you'll want to read this...



36 MILLION AMERICANS
—— ARE MISSING ——
ALL OF THEIR TEETH
IN ONE OR BOTH JAWS

RESTORED TEETH

— REQUIRE MORE—

CARE & MAINTENANCE

THAN NATURAL TEETH

## **PROSTHODONTISTS TO PATIENTS:**



## **6** PEARLS OF WISDOM

to care for your restored pearly whites and avoid do-it-again dentistry



Get a **dental examination** and cleaning at least every six months.



Use a **mouthwash** recommended by your prosthodontist.



Brush your teeth with fluoride toothpaste at least twice a day.



Follow your prosthodontist's tailored at-home maintenance recommendations.



Floss your teeth at least once a day.



Wear a night guard if recommended by your prosthodontist to protect your restorations.



FIND YOUR LOCAL PROSTHODONTIST ON GOTOAPRO.ORG

